

SUPER CHARGE YOUR LUNCH!



MAIN MEAL 2

SIDE DISH

EXTRA OPTION

DESSERT

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

Chicken Curry Quorn E

All Day Breakfast (Omlette, Grilled Tomato, Beans)

Brown & White Rice or Hash Brown

Jacket Potato topped with Cheese

Tropical Crumble with Ice Cream 50% Fruit 💿

Quorn Burger in a Bun 🕟

Beany Seashell Pasta ①

Potato Wedges or Herby Garlic Bread Jacket Potato topped with Baked Beans

Fresh Fruit Wedges

Roast Chicken with Sage & Onion Stuffing & Gravy

Cheesy Spring Vegetable & Potato Bake ®

Roast Potatoes or Wholemeal Pasta Jacket Potato topped

Fresh Fruit Jelly 50% Fruit 🕖

with Cheese & Beans

Pork Sausages with Gravy

22 APRIL, 12 MAY, 9 JUNE, 30 JUNE, 21 JULY, 3 SEPT, 22 SEPT, 13 OCT

Sweet & Sour Quorn •

Diced Potatoes or Brown & White Rice

Jacket Potato topped with Tuna

Chocolate Pastry
Whirl (1)

Battered Fish Fillet

Cheese & Tomato
Pizza 💿

Potato Wedges or Tricolour Pasta

Jacket Potato topped with Cheese & Beans

Lemon Shortbread (1)

WEEK 2

MAIN MEAL 1

MAIN MEAL 2

SIDE DISH

EXTRA OPTION

DESSERT

Bean & Cheese Slice

Chic

Macaroni Cheese 📀

Diced Potatoes or Herby Garlic Bread Jacket Potato topped with Baked Beans

Apple Cornflake Crunch 50% Fruit (***)

Chicken Pie with Gravy

Mild Mexican Bean Chilli

Potato Wedges or Brown & White Rice Jacket Potato topped with Cheese

Fresh Fruit Wedges ①

Roast Beef with Gravy

Plant Sausages with Gravy

Roast Potatoes or Wholemeal Pasta Jacket Potato topped with Cheese & Beans

Fresh Fruit Jelly 50% Fruit (1)

Beef Burger in a Bun

28 APRIL, 19 MAY, 16 JUNE, 7 JULY, 8 SEPT, 29 SEPT, 20 OCT

Roasted Summer Veg Pasta ①

Wholemeal Pasta or Diced Potatoes Jacket Potato topped with Tuna

Jammy Cookie ()

Salmon & Sweet Potato Fishcake

Cheese & Tomato Pizza 🕤

Chips or Tricolour Pasta Jacket Potato topped with Cheese & Beans

Chocolate Muffin 📀

WEEK 3

MAIN MEAL 1

MAIN MEAL 2

SIDE DISH

EXTRA OPTION

DESSERT

Chicken & Sweetcorn Meatballs with a Tomato

Breaded Bean & Vegetable Grill •

Spaghetti or Diced Potatoes

Jacket Potato topped with Tuna

Strawberry Mousse 📀

Beef Bolognese

Mild Sweet Potato & Chickpea Curry •

Pasta or Brown & White Rice

Jacket Potato topped with Cheese & Beans

Fresh Fruit Wedges ①

Roast Pork with Sage & Onion Stuffing &

Creamy Quorn & Sweetcorn Pasta Bake

Roast Potatoes or Wholemeal Pasta

Jacket Potato topped with Cheese

Fresh Fruit Jelly 50% Fruit ①

Quorn Hot Dog 📀

6 MAY, 2 JUNE, 23 JUNE, 14 JULY, 15 SEPT, 6 OC1

Roasted Veg Lasagne 📀

Potato Wedges or Herby Garlic Bread

Jacket Potato topped with Baked Beans

Fish Fillet Fingers

Cheese & Tomato Pizza 👽

Chips or Tricolour Pasta

Jacket Potato topped with Cheese & Beans

Pineapple Pastry Squares 50% Fruit • • •















BECOME A SUPER HEALTHY SUPER